



STATE OF MARYLAND

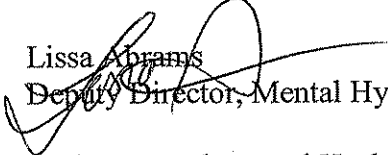
**DHMH**

Maryland Department of Health and Mental Hygiene  
Mental Hygiene Administration  
Spring Grove Hospital Center – Dix Building  
55 Wade Avenue – Catonsville, Maryland 21228

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – John M. Colmers, Secretary  
Brian M. Hepburn, M.D., Executive Director

MEMORANDUM

TO: Public Mental Health System (PMHS) Providers

FROM:   
Lissa Abrams  
Deputy Director, Mental Hygiene Administration (MHA)

RE: Update on Telemental Health (TMH) in Maryland

DATE: October 26, 2010

.....

This is to update you on the status of telemedicine in Maryland. MHA has adopted regulations but is in process of working with Center for Medicaid and Medicare Services (CMS) to receive approval for Medicaid reimbursement for telemedicine. Until this is approved by CMS, MHA is not able to move forward with paying for telemedicine through the public mental health system.

Included in this memorandum is a summary of the plan for approval, service delivery, reimbursement, and use of telemental health (TMH) technologies according to COMAR 10.21.30. TMH will be implemented for treatment services provided by Maryland licensed psychiatrists. When approved by CMS and notified by MHA, applicants will send an application to MHA for review and approval. Telemedicine follows the same requirements for PMHS eligibility for individuals who are uninsured and Medicaid recipients.

MHA has determined the following jurisdictions are “designated rural geographic areas” and are eligible to participate in TMH as an originating site:  
Garrett, Allegheny, Calvert, Charles, St Mary’s, Worcester, Wicomico, Somerset, Cecil, Kent, Queen Anne, Dorchester, Talbot and Caroline Counties.  
The distant site may be located anywhere within the State of Maryland.

The originating and distant facility sites are limited to Outpatient Mental Health Clinics (OMHC), Hospitals, and Federally Qualified Health Centers (FQHC).

A TMH distant site provider shall be a psychiatrist with an active license to practice psychiatry in Maryland and who has a Medicaid provider number or who is a psychiatrist in an OMHC or FQHC. **Services to be reimbursed include: Individual psychotherapy (90804 -90807), pharmacologic management (90862) and Psychiatric diagnostic interview examination (90801).**

When MHA receives CMS approval, applicants will submit an application to MHA to be approved as a telemedicine provider, that describes how the originating site and the distant site will comply with the regulations including any and all contractual relationships and billing procedures for this service.

Once approved, MHA will instruct ValueOptions to allow claims to be paid for TMH codes for that provider. Preauthorization for clinical TMH services is the same process for non TMH services for an individual psychiatrist, OMHCs, or an OMS provider. After services are delivered and documented, claims will be paid for the following:

There are two allowable options:

1. Distant site psychiatrist uses an allowable billing code (i.e. 90862) with a modifier and the originating site bills the facility fee code.
2. Distant site psychiatrist uses an allowable billing code (i.e. 90862) with a modifier ; originating site bills the facility fee code; and if clinically necessary, may bill an appropriate billing code for a licensed mental health professional “telepresenter” at the originating site

The originating site facility code will be paid \$23 per day. It does not require an authorization. The distant site shall bill the applicable CPT code and requires an authorization.

A “Telepresenter”, is a licensed mental health professional. The distant site psychiatrist will document in the individual’s medical record the medical necessity for the direct face to face participation of the telepresenter with the individual served and the distant TMH psychiatrist. Only when the medical necessity has been determined and documented then the telepresenter may bill the applicable CPT code for the service rendered.

When MHA receives CMS approval to bill Medicaid for this service, applicants and providers will be notified to submit the applications to MHA. A draft application is attached for your review.

Questions may be directed to [abramsl@dhmh.state.md.us](mailto:abramsl@dhmh.state.md.us). Thank you.

Enclosure

C: CSA Directors  
MHA Management  
Melissa Schober  
Brian Grady, M.D.  
Mary Mastrandrea  
William Dorrill  
Wendy Kanely



## Telemental Health (TMH) Provider Application

---

NAME of Agency:

Contact Person:

STREET ADDRESS:

CITY, STATE, ZIP:

PHONE/FAX/EMAIL:

---

Please provide and attach information for the following areas.

1. Identify the name, address, and VO Provider # of:
  - A. Originating Site Provider:  
Address:  
VO Provider #:
  - B. Distant Site Location Provider:  
Address:  
VO Provider #:
2. Provide a copy of the contract or agreement between the Originating Site and the Distant Site Psychiatrist.
3. Describe the rationale for becoming a telemedicine provider.
4. Describe how the sites will meet the technical requirements for video technology for the Originating Site and the Distant Site:
5. Describe Protocol for Confidentiality:
6. Describe the procedure for maintenance of TMH documentation in the individual's medical record at Originating Site and Distant Site:

7. Describe the quality monitoring system of TMH care:

8. Describe the protocol for determination of medical necessity for tele-presenters:

9. Clarify and describe services to be provided:

10. Please describe your pharmacy protocol, as it relates to telemental health:

11. What are your plans to provide consumer and family orientation?

Signature of individual completing application: \_\_\_\_\_

Printed name of individual completing application: \_\_\_\_\_

Date: \_\_\_\_\_

Please add any additional information you think would be helpful: