

Services

Outpatient Programs & Services

- individual & family assessment
- medication evaluation & management
- case coordination/management
- short-term therapy groups
- school-based therapy
- child therapeutic day programs
- intensive summer programming
- crisis intervention services
- community awareness & education

Rehabilitation Programs

- child psychiatric rehabilitation
- supported employment programs
- adult psychiatric rehabilitation
- adult residential rehabilitation

Community & Specialized Services

- parenting education & support
- intensive case management
- customized EAP programs
- pre-employment screenings
- employee workshops
- professional growth workshops
- critical incident de-briefing
- anger management workshops

About UBCSS

- We are the largest not-for-profit provider of behavioral and mental health services in Cecil County with offices in Harford County.
- Our staff includes psychiatrists, psychologists, licensed social workers, licensed professional counselors, and clinical nurses.
- We serve over 5,000 individuals annually with behavioral/mental health concerns and provide 12,500 individuals with community education services.
- We accept medical assistance, Medicare, most commercial insurances, and private pay clients.
- We are a 501(c)(3) non-profit organization donations to which are tax deductible to the fullest extent of the law.
- Upper Bay Counseling & Support Services, Inc. is fully licensed by COMAR and the State of Maryland as a mental health provider.

Convenient Locations in Cecil & Harford Counties

200 Booth Street
Elkton, MD 21921
410-996-5104
877-587-7750

626 Revolution Street
Havre de Grace, MD
21078
410-939-8744
866-939-8744

1275-B W. Pulaski Hwy.
Elkton, MD 21921
410-620-7161
800-467-0304

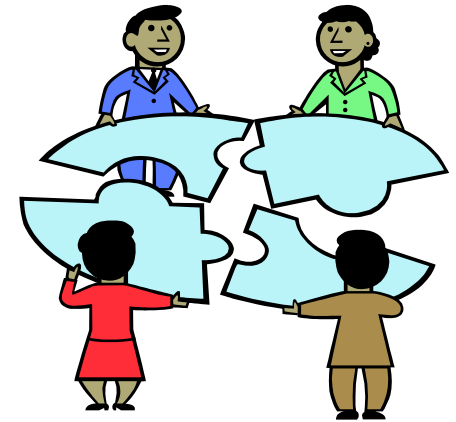
UBCSS, Inc. is dedicated to excellence in providing a broad & expanding range of behavioral health care services.

Working & Being

Successful

With

Challenging Families



Upper Bay Counseling & Support Services, Inc



Working & Being Successful With Challenging Families

Presented by
Eileen Starr, LCSW - C,

**Thursday
February 9, 2012
8:30 am - 4:00 pm**

UBCSS Administrative/Training Center
**349 E. Pulaski Hwy.
Elkton, MD 21922**

Cost: \$90.00
(No cost for UBCSS staff)

CEU: 6 credits

For more information contact:
Ceal Powell
cpowell@upperbay.org
(410) 996-3401 ext 1204



www.upperbay.org

Class Objectives

Participant will:

- Identify reasons for misbehavior
- Develop understanding of 3 major parenting styles
- Troubleshoot future problems
- Stabilize family members & re-establish respect & boundaries within family

Training Agenda

Registration - begins @ 8:00 am

Class begins @ 8:30 am
There will be a mid-morning & Mid -afternoon breaks.
Lunch is on your own
Light snacks will be provided

A few key items to be covered include:

Button pushing
Power struggles
Peer influences
Pitfalls & common behavioral response
Taking on problems & making expectations clear vs bargaining.



**Upper Bay Counseling is a National
Board of Certified Counselors approved
continuing education provider.**

Working & Being Successful With Challenging Families

Training Registration Form

Name: _____

Address: _____

Phone: _____

Email: _____

Payment Information

Participation Fee: \$90.00 *(No cost for UBCSS staff)*

Methods of Registration & Payment

Online:

www.ubcssfamilies.charityhappenings.org
(credit cards) after 10/30/11

Mail

Send payment with registration:
Upper Bay Counseling
200 Booth St. Elkton, MD 21921
Attn: Ceal Powell
(Check//Visa/Mastercard/Discover)
(Make check payable to UBCSS)

For payment questions, please contact
Ceal Powell @ 410-620-7161, Ext.1204 or
cpowell@upperbay.org

Card # _____

Exp. Date _____

Signature: _____

Please keep a copy for your records