

Have Health Insurance but Still Have Difficulty Accessing Mental Health Treatment?

If you have health insurance that offers mental health or addiction treatment, a new federal law may have given you more rights in accessing care. Not all plans are covered by the new law, but for those that are, mental health treatment and its cost must be no more restrictive than your medical or surgical care. If you have been denied treatment in the past or have paid more for mental health or addiction treatment, you may want to check to see if your plan is covered. To find out more visit the Maryland Parity Project website at www.MarylandParity.org.

Have Health Insurance But:



Have to pay a separate and/or higher co-payment for mental health or addiction services?



Have to pay a separate and/or higher deductible for mental health or addiction services?



Have a limit on the number of visits you make to your mental health or addiction treatment provider?



Have a requirement that your provider must periodically review your treatment with your insurance company?



Have been denied coverage for residential or inpatient treatment for mental health or addiction treatment?

**Need Help?
Want More
Information?**

Maryland Parity Project

410.235.1178 ext. 206

www.marylandparity.org