

**Integrated Dual Disorder Treatment**  
**Introduction to the Treatment of Co-Occurring Disorders**  
***Online via Blackboard***

This is the introductory course in the Integrated Dual Disorders Treatment (IDDT) series.

This course will provide you with an excellent foundation for implementing IDDT for people with severe mental illness who have a co-occurring substance disorder.

This course consists of 10 modules. We will cover one module each week in this 10-week course. The Syllabus lists the modules with the corresponding calendar for the course. The individual modules contain all of the information you need to complete the unit. We have discovered that people have different styles of learning and we have sought to provide a variety of materials designed to engage and facilitate learning.

This course includes:

- Video recovery stories from clients who have participated in integrated treatment
- Video recovery stories from clinicians who have adopted the integrated model
- Clinical vignettes demonstrating skills
- Words of wisdom from Lindy Fox
- Conference calls with the instructor
- Links to websites, articles, and other relevant resources
- Discussion board postings
- Active learning exercises that at times include interacting with other students in the class
- Readings from a newly published text authored by the instructor and other faculty from the Dartmouth Psychiatric Research Center
- Conference calls to discuss material
- Knowledge checks

This course is presented by the Dartmouth Psychiatric Research Center, Dartmouth Medical School. The instructors are Lindy Fox, MA, LADC & Matthew Merrens, PhD.

This course is intended to be an introduction for students to the integrated model of treatment for people with a co-occurring mental illness and substance use disorder. This course will outline the principles of the model, and then identify the core skills necessary to effectively treat someone with a co-occurring disorder.

Students will have the opportunity to practice these skills, and receive feedback from the instructor, who is an expert in the field.

**Requirements and Grading:**

You are required to complete all components of each module.

Each of the ten modules has a set of objectives that list the knowledge and skills needed to achieve proficiency in that module. You will need to achieve these objectives by successfully completing the assignments in each module, including Knowledge Checks, as judged by the instructor before moving on to the next module.

### **Optional Conference Calls**

There will be 3 scheduled calls. Students have the option to take advantage of any or all of the calls, or not. For each of the calls there will be 2 times offered to try to accommodate peoples' schedules. The 3 calls will be placed throughout the 10 weeks. One call will be in the beginning to introduce the course, and answer general questions. The next 2 calls will be scheduled around the Discussion assignments to provide students with personal feedback on their work.

### **Course Text**

*Integrated Dual Disorders Treatment:*

*Best Practices, Skills and Resources for Successful Client Care*

Authors: Dartmouth Psychiatric Research Center Faculty

2010, Hazelden, Center City, MN

Can be ordered at:

[http://www.hazelden.org/OA\\_HTML/ibeCCTpltmDspRte.jsp?item=77103&sitex=10020:2372:US](http://www.hazelden.org/OA_HTML/ibeCCTpltmDspRte.jsp?item=77103&sitex=10020:2372:US)

### **Syllabus**

Module 1 - Introduction to IDDT, Screening & Assessment

Module 2 - What is Recovery?

Module 3 - Stages of Treatment

Module 4 - Treatment Planning

Module 5 - Motivational Interviewing

Module 6 - Stages of Groups

Module 7 - Substance Abuse Counseling (CBT)

Module 8 – Families

Module 9 - Supported Housing & Supported Employment

Module 10 – Medication, Criminal Justice, Health, & Trauma

<b>Module</b>	<b>Start Date</b>	<b>Completion Date</b>
1	Sunday, 1-16-11	Saturday, 1-22-11
2	Sunday, 1-23-11	Saturday, 1-29-11
3	Sunday, 1-30-11	Saturday, 2-5-11
4	Sunday, 2-6-11	Saturday, 2-12-11
5	Sunday, 2-13-11	Saturday, 2-19-11
6	Sunday, 2-20-11	Saturday, 2-26-11
7	Sunday, 2-27-11	Saturday, 3-5-11-
8	Sunday, 3-6-11	Saturday, 3-12-11
9	Sunday, 3-13-11	Saturday, 3-19-11
10	Sunday, 3-20-11	Saturday, 3-26-11

**Tuition** - \$500

**Continuing Education Credits:** NAADAC & NASW applications pending



**Dartmouth Psychiatric Research Center**  
**Distance Learning Program**

**Registration Form**

**Introduction to Integrated Dual Disorder Treatment (IDDT)**  
**Course Dates: January 16, 2011—March 26, 2011**

**Name:**

**Position:**

**Agency (if applicable):**

**Street Address:**

**City:**

**State:**

**Zip:**

**Email:**

**Phone:**

**IT person at your agency:**

**IT Email:**

**Your educational background:**

**Tuition: \$500 . Currently we can only process payment by checks, payable to *Dartmouth College*. We cannot process credit cards or purchase orders. Tuition payments need to be included with this Registration Form.**

**Please mail this Registration Form with a check for tuition by December 15, 2010 to:**

**M. Merrens  
Dartmouth PRC  
Rivermill Commercial Center  
85 Mechanic Street, B4-1  
Lebanon, NH 03766**